

# How to be a Great Mentee



#### **Set Clear Goals**

Tip: Use the <u>Mentorloop Goal-Setting Framework</u> and communicate your goals with your mentor.



## **Be Open About Your Needs**

Give your mentor a clear view of where you need support, as well as your expectations and aspirations.



## Prepare an Agenda for Meetings

Your mentor won't be able to give meaningful insight or feedback if your goals for your meetings aren't clear.



## **Own Your Learning Journey**

Set yourself tasks, listen to podcasts, take courses, etc., and if your mentor suggests resources, make sure to check them out!



## Be Available and Responsive

Share your availability for catch-ups and check-ins. It's good to initiate the conversation around scheduling chats.



## **Avoid Being Defensive**

Leave your ego at the door and recognise that your mentor's constructive feedback is ultimately for your benefit.



#### **Develop Trust**

Don't ask for a job or other overreaching favours. Your mentor is there as a trusted advisor.



#### Learn and Have Fun

Don't treat the experience like a chore. This should be an engaging, enriching, and fruitful experience!