# **JOHARI WINDOW**



A TOOL TO HELP YOU UNDERSTAND MORE About Yourself And Build Trust With others.

#### KNOWN By others

UNKNOWN BY OTHERS

#### **KNOWN TO ME**

## ARENA

Things that you know about yourself, and that others know about you. This includes your behaviour, knowledge, skills, attitudes, and "public" history.

#### **UNKNOWN TO ME**

### **BLIND SPOT**

Includes simple information that you do not know, or it can involve deeper issues (which are often difficult for you to recognize) but can be seen by others.

### FACADE

Things that you know about yourself, but that others don't yet know. Some of this information may be appropriate for you to share and some may be personal and private.

Source: Joseph Luft and Harrington Ingham

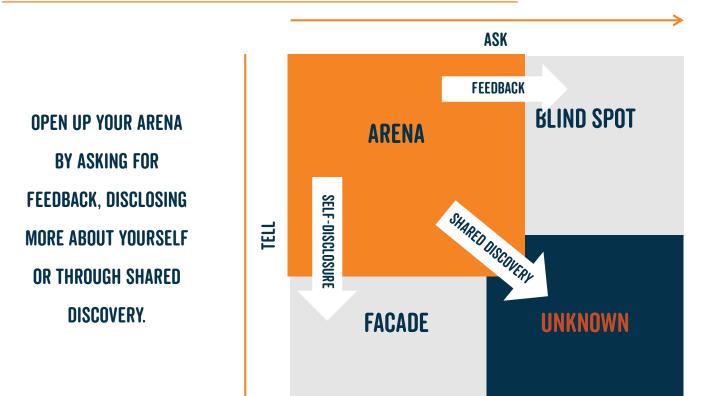
### UNKNOWN

Things that are unknown by you, and are unknown by others.

Strictly private and confidential © 2018

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